

# LYNNWOOD GRILL

& BREWING CONCERN

## SALADS

Dressing Choices: Ranch, Blue Cheese, Low-Fat Italian, Honey Mustard, Balsamic, Raspberry or Chipotle Vinaigrette

	Regular	Entrée
<b>Garden Salad</b> 	6	8
<i>Mixed Greens, Tomatoes, Cucumbers, Mushrooms, Carrots, Onions &amp; Croutons</i>		
<b>Classic House Salad</b>	8	10
<i>Mixed Greens, Tomatoes, Cucumbers, Mushrooms, Carrots, Onions, Pecans, White Cheddar &amp; Croutons</i>		
<b>Caesar Salad</b>	7	9
<i>Romaine Lettuce, Parmesan, Croutons &amp; Caesar Dressing</i>		
<b>Spinach Salad</b> 	10	12
<i>Spinach, Portabellos, White Cheddar, Basil, Pecans &amp; Croutons</i>		
<b>California Cobb Salad</b>	12	14
<i>Romaine Lettuce, Applewood Smoked Bacon, Hard-Boiled Egg, Blue Cheese Crumbles, Tomatoes, Grilled Chicken Breast, Guacamole &amp; Croutons</i>		
<b>Tostada Salad</b>	11	13
<i>Romaine Lettuce, Black Bean Salsa, Pico de Gallo, Grilled Chicken Breast, Cheddar, Fried Tortilla Strips, Sour Cream &amp; Chipotle Vinaigrette</i>		
<b>Greek Salad</b> 	8	10
<i>Mixed Greens, Mushrooms, Onions, Feta, Black Olives, Pepperoncini, Green Peppers &amp; Croutons</i>		
<b>Laura's Orange &amp; Blue Salad</b>	9	11
<i>Mixed Greens, Mandarin Oranges, Blue Cheese Crumbles, Pecans, Croutons</i>		
<b>Chicken Salad Salad</b>	10	12
<i>Mixed Greens, Homemade Chicken Salad, Tomatoes, Pecans &amp; Croutons</i>		
<b>Southwest Chicken Caesar Salad</b>	11	13
<i>Romaine Lettuce, Black Bean Salsa, Pico de Gallo, Blackened Chicken Breast, Parmesan, Croutons &amp; Caesar Dressing</i>		
<b>Soup &amp; Salad Combo</b> <i>Cup of Soup &amp; Small Garden Salad</i>		9
<b>Add to any salad:</b>		
<i>Ham, Turkey, or Avocado</i>		2
<i>Applewood Smoked Bacon, Portabello, or Fried Chicken Strips</i>		3
<i>Buffalo Strips or Grilled Chicken Breast</i>		4
<i>Cali Style - Grilled Chicken Breast &amp; Cuacamole</i>		5

## SOUPS

<b>Southwest Chili</b>	Cup	5	Bowl	7
<b>Vegetarian Black Bean</b> 	Cup	5	Bowl	7
<b>Soup of the Day</b>	Cup	5	Bowl	7
<b>French Onion</b>	Cup	5		

## WRAPS

Served with Home Style Chips. Substitute any regular side for \$1

<b>Chicken Caesar</b>		9
<i>Chicken, Romaine Lettuce, Red Onion, Parmesan Cheese &amp; Caesar Dressing</i>		
<b>Buffalo Chicken</b> 		9
<i>Medium Buffalo Strips, Lettuce, Tomato &amp; a side of Ranch or Blue Cheese</i>		
<b>Southwest Chicken</b>		9
<i>Chicken Strips, Pepper Jack Cheese, Lettuce, Tomato &amp; Southwest Sauce</i>		
<i>Add Avocado to your wrap for \$2</i>		
<b>Spinach &amp; Portabello Wrap</b> 		10
<i>Spinach, Portabello Strips, Basil Pesto, Roasted Red Peppers &amp; Feta Cheese</i>		

## MERCHANDISE

<b>Lynnwood Grill T-Shirts</b>	16
<b>Bumper Stickers</b>	1
<b>Coozies</b>	2
<b>Growlers</b>	4
<b>LBC Pint Glasses</b>	2



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(919) 785-0043

## SANDWICHES

Served with Home Style Chips. Substitute any regular side for \$1 or a small Garden Salad or Cup of Soup for \$2. Wheat bread and flour tortillas also available

<b>Black Bean Burger</b> 	9
<i>Southwest Black Bean Burger with Guacamole, Pico de Gallo &amp; Lettuce on a Brioche Roll</i>	
<b>Angus Burger</b>	9
<i>8 ounces of Ground Angus Beef, Lettuce &amp; Tomato on a Brioche Roll</i>	
<b>Grilled Chicken Sandwich</b> 	9
<i>Grilled Chicken Breast with Lettuce and Tomato on a Brioche Roll</i>	
<b>Build Your Own</b>	
<i>Start with your choice of Black Bean Burger, Angus Burger or Grilled Chicken Sandwich and add your choice of toppings:</i>	
<i>American Cheese, Grilled Onions, Grilled Mushrooms, Chili</i>	1 ea
<i>Cheddar, Provolone, Pepper Jack, or Swiss Cheese</i>	1 ea
<i>Avocado, Guacamole, Portabello Strips, Blue Cheese Crumbles, or Bacon</i>	2 ea
<b>Specialty Burgers &amp; Grilled Chicken Sandwiches</b>	
<b>The Western</b>	add 2
<i>Pepper Jack Cheese, Onion Straws &amp; Chipotle BBQ Sauce on a Brioche Roll</i>	
<b>Black &amp; Blue</b>	add 2
<i>Blackened seasoned, topped with Blue Cheese Crumbles on a Brioche Roll</i>	
<b>Firehouse</b> 	add 3
<i>Pepper Jack Cheese, Fried Jalapeños, Onion Straws &amp; Xtra Hot Sauce on a Brioche Roll</i>	
<b>California Club</b> 	add 4
<i>Bacon, Guacamole, Lettuce, Tomato &amp; Lemon Tarragon Aioli on a Brioche Roll</i>	


<b>French Dip</b>	11
<i>Mushrooms, Onions, Provolone &amp; Swiss Cheese on a Hoagie with a side of Au Jus</i>	
<b>Philly Steak or Chicken Philly Sandwich</b>	11
<i>Mushrooms, Onions, Green Peppers, American &amp; Provolone Cheese on a Hoagie</i>	
<b>Buffalo Chicken Sandwich</b> 	9
<i>Lettuce, Tomato, Your Choice of Wing Sauce &amp; Ranch or Blue Cheese on a Brioche Roll</i>	
<b>Turkey, Bacon &amp; Swiss</b>	9
<i>Lettuce &amp; Tomato on a Brioche Roll. Choose Hot or Cold</i>	
<b>Hot Ham &amp; Cheese</b>	9
<i>Smoked &amp; Canadian Ham, Pepperoni, Provolone, Fresh Mozz, Lettuce &amp; Tomato on a Brioche Roll</i>	
<b>Italian Sub</b>	9
<i>Salami, Ham, Pepperoni, Provolone Cheese, Italian Dressing, Banana Peppers, Lettuce &amp; Tomato on a Hoagie. Choose Hot or Cold</i>	
<b>Chicken Cake Sandwich</b>	10
<i>Southwest Sauce, Lettuce &amp; Tomato on a Hoagie. Add Pepper Jack for \$1</i>	
<b>Mom's Chicken Salad</b> <i>Lettuce &amp; Tomato on a Brioche Roll</i>	9
<b>B. L. T.</b>	11
<i>Applewood Smoked Bacon, Lettuce, Tomato &amp; Mayo on White Bread</i>	
<b>Club Sandwich</b>	15
<i>Turkey, Ham, Swiss, Provolone, Bacon, Lettuce, Tomato &amp; Mayo on White Bread</i>	
<b>Grilled Cheese</b> <i>American Cheese on White Bread</i>	7
<b>Grown-Up Grilled Cheeses</b>	9
<b>Classic</b> <i>Applewood Smoked Bacon, Tomato &amp; American Cheese on White Bread</i>	
<b>Southwest</b> <i>Pepper Jack Cheese, Black Beans &amp; Pico de Gallo on White Bread</i>	
<b>4-Cheese</b> <i>Provolone, White Cheddar, American &amp; Swiss Cheese on White Bread</i>	

## SIDES

<b>Home Style Fries</b>	<b>Home Style Chips</b>	<b>Pasta Salad</b>
<b>Pickle Chips</b>	<b>Sautéed Broccoli</b>	<b>Side of the Week</b>
<b>Garden Salad</b>	<b>House Salad</b>	<b>Caesar Salad</b>

Lynnwood grill has remained locally owned and operated since opening its doors in 2004. We take great pride in preparing every dish to order as well as always choosing the freshest ingredients, making our famous dough daily, hand slicing our meats, cheeses, and vegetables, and making most of our sauces and dressings in house. Thank you for your business. We look forward to seeing you again and having you as part of our Lynnwood Family.

 Indicates spicy items

 Indicates healthier menu choices

Ask about our Gluten-Free menu items